## This is My Isagenix Weight Loss Story

100 Pounds ~ and 75 Inches GONE ~ Only 60 More To Go!









**BEFORE**ISAGENIX CLEANSE ~ 380 Pounds

AFTER
ISAGENIX CLEANSE ~ 280 Pounds

I started with ISAGENIX in September 2006 ~ I weighed 380 pounds. With that said, my pictures tell the story.

As a former United States Marine, I knew about eating right and exercise, and weight had never really been an issue. However, several years after getting out, I found my weight was way out of control. I found myself weighing more than I ever thought I could, and cringed at the thought of having to get my clothes from Kramer's Big and Tall.

I was in denial about my weight situation and lacked the follow through, discipline and real desire to do anything about it. I had a friend who took ISAGENIX and I saw him lose his weight dramatically. However, this really didn't do anything for me because I've seen people lose weight (myself included) and then gain everything back plus some.

It wasn't until three years went by and I saw my friend again. To my surprise, he was still looking good, thin, happy and healthy. I asked him what did he do. He looked at me, grinned, and then asked me if I was ready? I immediately said yes. He stopped me and said NO ~ are you mentally ready? I paused for a second and said YES! That's when he brought me into his office and introduced me to ISAGENIX.

He gave me the name and number of a local ISAGENIX representative whom I later called and developed a warm camaraderie with. I found that with the ISAGENIX team you're not on your own! Dickey Nitta provided support and encouragement from the start and continues to do so.

I know I might be sounding like a commercial but this is a true statement. After initially trying ISAGENIX, I found myself able to sleep better at night. I had more energy ~ in fact I felt GREAT, very sharp, very alert and very ALIVE!

I also have to state that I couldn't have done this without the support from my wife and family especially during the times when I wanted to stray from the program.

The first real thrill came on day 30. I weighed and measured myself . . . 40 pounds and 36 inches GONE! I was so ecstatic I could not keep my mouth shut. I had to share "My Story" with everyone.

And NOW . . . here it is 6 months later . . . 100 pounds and 75 inches gone ! What is even more amazing is that I don't have any loose skin from all that weight loss.

I'm still big at 280 pounds, but the beautiful part is I can actually see the light at the end of the tunnel. I now have only 60 more pounds to lose to reach my desired weight ~ and words cannot begin to express how I feel!

THANK GOD for ISAGENIX!

Willie Herrera Kapolei, Hawaii

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

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